



DAILY SUNSHINE™

WHAT'S IN DAILY SUNSHINE® AND WHY IT'S SO IMPORTANT

Daily Sunshine is specially formulated with the building blocks of nutrition kids need to help them grow up healthy and strong.



FRUIT AND VEGGIE BLEND



Made with organic fruits: apple, strawberry, acerola cherry, blueberry, banana**

Made with organic veggies: sweet potato, spinach

Equivalent to 1 full serving of fruits and vegetables per serving†

Acerola cherry is a good source of vitamin C.

Spinach and sweet potato powder provide a natural source of key nutrients.

Fruits and vegetables are important to a healthy diet. Daily Sunshine gives you plant-based sources of fiber and phytonutrients.



PLANT-BASED PROTEIN



Made with organic pea protein to deliver 10 grams of protein in each serving

When experts look at whether a diet is healthy, they focus on “dietary quality.”

The more plant-based proteins kids eat, the better the overall dietary quality.

The USDA says that good dietary quality is a major factor in children’s health and well-being.

According to national data, children are consuming less than half the recommended amount of plant-based proteins.

Daily Sunshine is a healthy between-meal snack that provides plant-based protein to help kids grow healthy and strong.



HEALTHY FATS



ALA omega-3 fatty acids from flaxseed

Healthy fats are key contributors to a healthy diet.

According to the USDA, in a healthy diet with good dietary quality, the ratio of mono- and polyunsaturated fats vs. saturated fats is 2.5 or better. The ratio in Daily Sunshine is 4.

This means that in every serving of Daily Sunshine your child is getting a favorable ratio of healthy fats! This is another important step in helping your child eat a healthy diet.



CALCIUM AND VITAMIN D



Fortified with vegan sources of calcium and vitamin D

Helps build strong bones.



ANTIOXIDANT VITAMINS C AND E



Excellent source of the antioxidant vitamin C (from acerola cherry) and E (from sunflower)

Antioxidant vitamins C and E help fight free radical damage.



FIBER AND PROBIOTICS



3 grams of fiber from fruit and vegetable powders, pea protein, flaxseed, and cocoa;‡ and probiotic *Bacillus coagulans*

Helps support healthy digestion.

Did you know the most recent Dietary Guidelines were incorporated into the development of Daily Sunshine?

The Dietary Guidelines for Americans 2015–2020 focuses on improving overall dietary quality and emphasizes the need to make substitutions—that is, choosing nutrient-dense food and beverages in place of less healthy choices. In response, Daily Sunshine was developed as an easy, healthy alternative to common, less healthy kids snacks.

†Concentrated powder equivalent to 1 full serving of fruits and vegetables.
% serving of fruit ((Chocolate – 4.45 g dried apple, strawberry, and blueberry powders) (Strawberry Banana – 4.5 g dried apple, strawberry, banana, and blueberry powders)) and % serving of veggies (1.95 g dried sweet potato and spinach powders) per smoothie. Each 28 g serving provides the equivalent of ½ cup fruits and vegetables (volume before drying).

**Banana only in Daily Sunshine Strawberry Banana flavor
‡Cocoa only in Daily Sunshine Chocolate flavor

WHAT'S NOT INCLUDED IN DAILY SUNSHINE

We know many parents are concerned about what’s in their kids food, as well as food allergies or intolerances, so we’ve formulated Daily Sunshine with this in mind:



- No artificial flavors, sweeteners, or preservatives