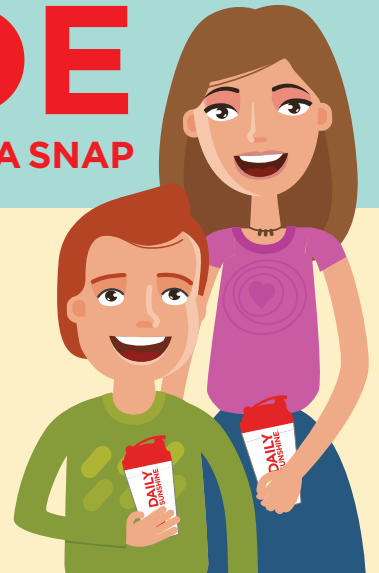
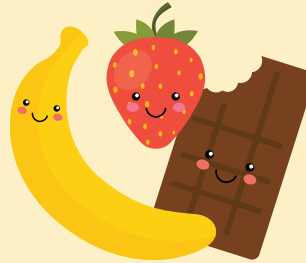


# A LOOK INSIDE

DAILY SUNSHINE™—A RIDICULOUSLY HEALTHY SNACK IN A SNAP

If you have no idea what 10 g of this and 20 mg of that really means, here's a cheat sheet to help you understand the impressive nutritional content of this delicious snack. And the best part is, your kids will have no idea they're consuming something healthy. To them, it just tastes good. But to you, it's incredibly satisfying because you know it IS good!



## WHAT'S IN DAILY SUNSHINE?

### PROTEIN

(10 g from plant sources)

Which is approximately the same as any of these items...

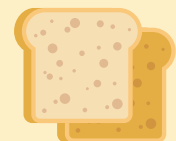


- 2 medium eggs
- ½ cup fruit-flavored yogurt
- 2 oz. canned light tuna

### FIBER

(3 g of dietary fiber)

Which is approximately the same as any of these items...



- 1 cup sliced apples with skin
- 1¼ cups leading whole-grain oat cereal
- 1½ slices whole wheat bread

### POTASSIUM

(Strawberry Banana: 165 mg and Chocolate: 202 mg = 4% DV)

Which is approximately the same as any of these items...



- ½ small banana
- ½ cup reduced-fat (2%) milk
- Slightly less than ½ cup orange juice

### VITAMIN D

(4 mcg = 20% DV)

Which is approximately the same as either of these items...



- 1⅓ cups reduced-fat (2%) milk fortified with vitamins A and D
- 4 large eggs

## CALCIUM

(130 mg = 10% DV)



Which is approximately the same as either of these items...



- ½ container (3 oz.) plain cow's milk yogurt
- Slightly less than ½ cup reduced-fat (2%) milk

## IRON

(1.3 mg and 1.9 mg = 8–10% DV – varies with flavor)



Which is approximately the same as either of these items...



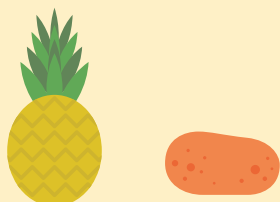
- 2 oz. lean ground beef
- ⅓ cup ready-to-eat puffed rice iron-fortified cereal

## VITAMIN C

(18 mg = 20% DV)



Which is approximately the same as either of these items...



- ¼ cup pineapple chunks
- ½ cup mashed sweet potato

## VITAMIN E

(3 mg = 20% DV)



Which is approximately the same as...



- 2 Tbsp. peanut butter



# DAILY SUNSHINE™

Before we launched Daily Sunshine, a truly healthy and delicious snack for kids simply didn't exist. That's because no other company was willing to do what it takes to deliver a product this substantial and carefully formulated. No other snack meets the nutritional needs of kids—with all the certifications to prove it—in the same efficient and naturally delicious way as Daily Sunshine. That's why it costs what it does to produce. Could we have rounded corners and settled on being just a little bit better than the other guys? Some other company might have...but that's not what we do at Beachbody®. Because that's not what our customers asked us to do. We created Daily Sunshine for picky parents who understand that providing truly healthy nutrition for their kids is vital, necessary, and NOT something that can be done for the price of a fruit snack.

—Carl Daikeler, Co-Founder and CEO



**EAT UP. FUEL UP. FILL UP.** Finally, a delicious and nutritious snack for picky kids. And pickier parents!